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PILGRIMS'
FRIEND
SOCIETY

The Pilgrims' MAGAZINE



Is this a dangerous country for older people?

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CHRISTIANS FOR
OLDER PEOPLE

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AN UNCHANGED MESSAGE

Clifford Pond
Finborough Court, Suffolk

Some years ago, Dr John Stott was asked in a radio interview how he would define the evangelical faith. His reply was that in the Bible there are two things that are said to be 'once for all'. The first of these was 'the faith that had been delivered to us'. (Jude 3) This means a body of teaching known as the 'apostles doctrine'. What is set before us is scripture and by its very nature is foundational (Ephesians 2 :20) and unchanging. At the heart of this teaching is the other 'once for all', the sacrifice of Jesus Christ (Hebrews 10:12) in and through which sinful people are forgiven and have access into God's presence. This encapsulates the Gospel we are called to declare.

It is this message that is under constant attack and demands for change. A major reason for this is the apparent failure of the church generally, with some notable exceptions, to communicate the unchanging message to 21st century people. A number of reasons are given for this. Services are said to be unattractive to modern people and the language is not understood; the old message is reckoned to be offensive to this educated generation and in conflict with 21st century wisdom. In the light of these assertions we are told that the way to make an impact on the people around us is to become as much as we can like them in their culture and attitudes to life, and to adapt our message to make it acceptable to them. This is now predominantly 'love', while God's anger at human sin is by-passed. The purpose of Christ's suffering to appease the wrath of God is unacceptable.

A dislike of authority

At the back of all this is the dislike by modern people of any kind of authority that has the right to tell us what we can't or should do. So there is a rejection of the authority of the scriptures, which is the revelation of God's will and purpose.

All this ignores the evidence that in times of spiritual revival God sets His seal on authenticity of the evangelical understanding of scripture and that it is this gospel that changes people's lives. Not only so, since the coming of this 'new' thinking increasing numbers of churches have been closed down.

None of this should take us by surprise. It is all part of a conflict that began in the Garden of Eden (Genesis 3 :15).



There God told Satan that there would be a constant warfare between him and Jesus Christ and His people. This antagonism down the centuries has taken three forms, sheer physical persecution, which began immediately with Cain against Abel, temptation to moral corruption, and the infiltration of false teaching. So we see that behind the things I described earlier is the hostility of Satan to God's people (Exodus 6:12).

We are not to be intimidated

We must not minimise the seriousness of what is happening today, but we are not to be intimidated. Our business is to remain faithful to apostolic doctrine. Man's need does not change nor does the remedy. The whole idea of becoming like the people who need the gospel is quite contrary to the example of the Lord Himself, who did not

So we see that behind the things I described earlier is the hostility of Satan to God's people

separate Himself from the world but was called 'a friend of sinners', and yet at the same time He was different from them (Hebrews 7:26).

In this warfare our weapons are not forged by human 'wisdom', but those that are spiritually prescribed, earnest and persistent prayer, preaching in the power of the Spirit and bold personal witness.



Flying our flag at Big Church Day Out

Janet Jacob

This year Peter and I took our exhibition to the Big Church Day Out, in Sussex. Held in a huge field, it is now an annual event, attracting thousands of Christians and their friends to worship.

It was the first time that organisers had offered an exhibitors' area, under a big marquee. We decided it would be an opportunity for us to make ourselves more widely known. With our ageing population we guessed that most churches represented there would have increasing numbers of older people, and again, the statistics tell us that dementia

will be an issue for many. We thought it would be good for them to know about our work now, so when the need arises they can make an informed decision.

Heavy rain

It was an amazing time, in spite of the sporadic cloud bursts and very boggy conditions underfoot. Because of the heavy rain we went to the nearest garden centre and bought a tarpaulin and some waterproof clogs.

We were very busy, and a surprising number of people came up to us. So

many people seemed to light up when they heard about us. One enquirer asked if I would like to give a presentation about dementia to a group of student nurses at the London University where she is a nurse tutor. I said I certainly would, and she gave me her contact details.

Please pray for this important part of our ministry. No other organisation has the type or depth of experience as the Pilgrims' Friend Society, particularly when it comes to spiritual support.

Phil and Sally Willis on retirement

Phil and Sally Willis have retired after a combined total of 41 years service with the Society. Sally began work in 1990 at Shottermill House, Haslemere as assistant matron, when Mrs Evelyn Dennett was Matron. In 1995 they became managers at Wellsborough, where they worked together for nearly 20 years. Phil said, 'This is not for all couples, but for us we would not have had it any other way.'

In 2010, when the Redbourn Missionary Trust joined Pilgrims' Friend Society they took over as managers. They said they shared the struggles and joys of missionaries on home leave, many in a season of transition, waiting on the Lord. Phil said, 'We were overwhelmed by the generosity of the missionary families and retired missionaries as they said farewell to us. It was sad leaving the work but as

we have done for all missionaries as they leave Redbourn we have kept in touch via their newsletters.

'As we look back we thank God for his faithfulness and how He has cared for us in so many ways. Where would we be without the constant promises of God comforting and guiding us daily? He is faithful!'



Exuberance has returned!

2014 Annual Thanksgiving Service

A breath of fresh air' was how one 'venerable' supporter described the new strategy described at the Annual Thanksgiving Service at Emmanuel Church in Guildford, on May 10th. There was also a sense of exuberance, according to Chairman Alan Copeman. He said, 'It's not a word seen in Scripture, but we find it in the people of Nehemiah's time as they joined work together to build up the walls of Jerusalem'. A sense of 'joining work together' was reflected in the many roles of the 200-plus 'pilgrims' who came to the Service.

Three stirring elements

Chief Executive Peter Fullarton told how, as a lad, he contributed to the family business (running a nursing home) by



Chief Executive, Peter Fullarton

stirring three parts water to one part porridge oats and a sprinkle of salt, with a wooden spurtle. He knew that good stirring was rewarded, because there was an annual gold standard competition in the world porridge making championship. The lad outgrew the kitchen and is now Chief Stirrer of the Pilgrims' Friend Society (PFS). The job of a chief executive is to be chief stirrer; asking questions, casting fresh eyes, looking at new ways of doing things and being open to what God might want to be stirred up in, and through, PFS. Always listening for that Voice that might be saying, 'Forget the former things and do not dwell on things of the past. See, I am doing a new thing – do you not see it?'

The strategy

The strategy echoes a familiar Scripture, 'Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers'. Galatians 6:10 (NIV). Pilgrim Homes' policy remains unchanged, being 'especially for the household of faith', and Pilgrim Havens, founded as Christian works that have come under our wing, that also accept non-believers represent our 'doing good to all ...'.

Also, we aim to become the premier voice for older Christians in Britain. We have a new slogan, a strapline that says, 'Christians for Older People'. We have unique qualifications and we are doing this through conferences, seminars, training, books and digital media.

The Society's Christian distinctiveness

The Society is both a voice for older people, and a home. 'We will retain our strong, Christian distinctiveness,' Peter stated, 'Trustees and senior managers will continue to be Christian. And we combine Christian managers with a wide and extending network of Christian supporters. To our supporters we give a heart-felt thank you and say that we need more of you! We need Christians to encourage, to chat, to pray, to be there for people. It needs time and can be emotionally draining. But, remember, we are Christ's arms as we embrace them.' The hardest job in the Society is done by the homes' managers, and he



invited those present to stand to a round of applause for their hard work and dedication.

The financial report

Honorary Treasurer Alan Hare said the Society has grown much bigger and more complex over the eleven years since the Annual Meeting was last held at Guildford. Showing explanatory slides, Alan said, 'in 2002 we spent £4.5 million; gave £0.5 million (topping up Council funded residents' fees shortfall), and saved £0.5 million. In 2013/14 we spent £10.1 million, gave £0.8 million, and "saved" - £0.3 million. In other words, we didn't save - we drew from our savings. Last year we failed to save the £0.5 million we really need to save each year just to fund the capital required to keep our current properties up to date and for redevelopment when they need it. Our trustees knew from the outset that it was going to be a difficult year. The cost to the charity of supporting homes that were losing money was £0.21 million.'

Another big revenue cost of £0.8 million resulted from the closure of the Wellsborough and Anna Victoria Homes, and opening Pilgrim Gardens. Neither Wellsborough nor Anna Victoria was closed for financial reasons: Wellsborough was the property and Anna Victoria was nursing staff shortages. Alan said, 'Our aim is to keep local homes continuing for as long as we can for - and with the help of - the local Christian community. Your support is so important to our decision making.'

Eleven years ago vacancies in our homes averaged just six per cent per

year. Last year the figure had climbed to 14 percent. It varies from home to home, but that is the average for the Society throughout the year. The cost of empty rooms is significant, and everyone has a role to play. 'It is a top priority for your prayers and actions,' Alan emphasized, 'encourage other supporters!'

In January 2005, in a statement to the Manchester CBI (the leading lobby group for business and industry in the UK), the then Governor of the Bank of England, Mervyn King said, 'We should recognise that the true meaning of the Christmas story will not be revealed until Easter.' He wasn't thinking theologically - he was saying that the effects of decisions on economic trends are not known or seen for some time afterwards. Alan said, 'It's likely that the benefits of the changes Peter and his team are working through will not be seen for some time to come. It is so essential to support what Peter has been saying about the strategy. We need the finances to be able to support it.'

'The Lord knows exactly what we need and He has more than enough to supply. We've seen it again this past year. We commit this work to our God yet again, knowing that 'My God shall supply all your need according to His riches in glory by Christ Jesus (Philippians 4:19, NKJV).'

Change in management team

'Anything guaranteed to make a chairman's heart sink is a letter containing the resignation of the Chief Executive' said Chairman Alan Copeman, referring to the former Chief



Chairman, Alan Copeman

Executive, Andrew Jessop, who had to step down in October 2013 because of ill health. 'But our God never leaves His people alone, and we thank God for sending Peter Fullarton to us.' he continued. Peter came on board as a temporary measure, and a recruitment process for a permanent Chief Executive is under way. The senior staff team has been strengthened with the appointment of Ian Buchanan, as Director of Marketing and Communications. Ian started last April and has made good progress in that short length of time.

Concluding, Alan said, 'We are exuberant for the future. We are moving forward in faith. We see the Lord leading His people step by step. In 2007 we had our bicentenary, and 2014 may well turn out to be another milestone year.'

An operations report

Maureen Sim, Director of Operations gave an overview of what is happening in the homes. A major factor, still, is the low amount Councils are paying for funded residents. Included in the cost of care are staff costs, plus training, specially adapted equipment, utilities, food and laundry. The average cost per person per week in England is £670, yet one Council is paying only £326.45 a week, an amount far below the cost of care. 'The gap is growing,' Maureen said, 'We know local authorities have to make cuts, and Age UK reports show that more than 800,000 people have fallen through the net when it comes to social care.'

'We are very grateful to our supporters. They make so much

difference. Some have been able to give monies that meant we could purchase a vital piece of equipment. It would be impossible to continue without you – we need more of you!

Serving God's Way

Pastor Christopher Buss (Mount Zion Baptist Church, Ashford) spoke on the key Christian principles underlying Christian care. He referred to the story in Mark Chapter 2, where crowds hindered four men bringing their paralyzed friend to Jesus. They removed part of the roof to get him in. 'Christian care is very active,' said Pastor Buss. 'There is a willingness to overcome obstacles.'



Pastor Christopher Buss

He said that, in giving true Christian care, the Pilgrims' Friend Society was the fruit of the faith of believers. 'PFS is an example of serving, typifying the Lord's Christian care and character,' he said.

The first step in a ministry of care is willingness. There is also thankfulness –

the first fruit of our faith. It is important that we grasp this concept. Also, we move away from legalism to love. If we love the Lord we will seek to serve Him and one way is that willing attitude to serve one another.

Pastor Buss said we all have 24 hours a day, and challenged as to how we are using that time, especially our spare time. He said voluntary work, especially caring for one another is very precious in God's sight. Job was willing to give of his time. He was eyes to the blind and feet to the lame. Giving up time to support PFS is a good work, and is well worth it.

Christian care is so much more than just social care. 'When you move into social care you lose the real person,' he said. 'We are concerned not only for the body but for the soul – the spiritual. It means we will come into great conflict with Satan. There will be discouragement and huge obstacles. The friends of the paralytic didn't give up. It would have been easier to give up and go home. But they were innovative, courageous, determined, and focused. They persisted. Our motto is, 'not unto us! We work as unto the Lord.'



Welcoming Christian music from Gordon Allatt, Barbara Margetts, Martin Wingrave

Some research says it will, and some says it won't, though there seems to be a special danger in the first year. A study by the British Institute of Economic Affairs and the charity, Age Endeavour Fellowship, showed that whilst there is an initial health boost following retirement, there was more likely to be a significant decline in the long term.

Researchers at the Harvard School of Public Health followed 5,500 people over time and found those who had retired were 40% more likely to have had a heart attack or stroke than those who were still working. Also the incidence of clinical depression rose 40%, and retirees were 60% more likely to suffer from a physical condition. But unlike the British study, their findings showed that the increase was more pronounced during the first year of retirement, and levelled off after that. The results, reported in the journal *Social Science & Medicine*, are in line with earlier studies that have shown that retirement is associated with a decline in health. Studies aside, there is agreement that retirement is a time of transition and major adjustment.

Retirement is not a concept mentioned in the Bible. The Levitical priests served for a term of twenty-five years and then their roles changed. They continued to work. Many Pilgrims' Friend Society supporters could say the same: they have left their jobs behind and are now giving their time and talents

Is retirement likely to kill you?



to help our work. From the north to the south, the west to the east come reports of sales of work to raise funds, prayer for the homes, befriending of residents, and generally 'being there' for our work.

At our conferences, among the topics addressed are, 'Developing your gifting and talents after retirement', 'Developing usefulness in old age', 'Equipping older people to serve,' 'Older people and church,' and 'Spiritual strength for seniors,' among others. With over 200 years' experience of understanding and meeting the needs of older people, Pilgrims' Friend Society is arguably the best placed in the Christian context to share insights on these issues.

Lonely old people as Britain too busy to talk to them.



Seven months ago Esther Rantzen set up the Silver Helpline for older people. In the first six months it was used by more than 100,000 older people. Most lived alone and more than half said they had no one else to speak to other than the Helpline. Nearly half of callers often spent more than a day without talking to anyone, and for others, it was more than a week.

Earlier this year a Think Tank urged the Government to do more to tackle loneliness amongst the over-65s, suggesting that the 6.2 million people who do not have basic digital skills could be trained to use the internet. Although the fastest growing sector of new internet users are those aged 65 and over, for many older people the thought of learning new, technical skills can be quite frightening. Ms Rantzen says, 'They need somebody to sit alongside them to say – it's not that bad.' But, she added, 'Loneliness is alleviated with relationships, with company, so what it has to do is link people to people. Studies have shown links between isolation and more rapid decline in health, even more falls.' There is also a correlation between feelings of loneliness and the risk of developing dementia.

Change before winter?

AGE UK is keen to see the situation change before the coming winter. It says there are 3.5 million old people getting no help or companionship from

neighbours. AGE UK says the "Great British spirit" seen during the Olympics and Diamond Jubilee celebrations could be translated into practical help for older people this winter.

We know from our contacts with Christians at conference and exhibitions that many churches are ahead of the published findings and are already reaching out, or planning to reach out to the lonely in their neighbourhoods. Often older church members themselves are at the forefront of the work. Among our talks are those on reaching older people in the community. At Christian Resources Exhibition in May a husband and wife leading a team in their church came solely to attend our seminar and ask our advice.

Not wanting to be a burden

Reaching older people is not always as simple as it seems. As the Age UK poll showed, they 'do not want to be a burden'. Older Christians often say the same, though they should know that we are required to bear one another's burdens, and 'so fulfil the law of Christ,' Galatians 6:20. Evangelist John Stott wrote that 'we should be burdensome to one another.' It might help if pastors preached more on this principle now, before we all become old, and point out the ungodliness of striving for independence. God gives us autonomy of choice, but makes it clear that we should be dependent on one another.

The most common reasons given by elderly people for not getting to know those living close to them was that younger neighbours "always seem to

be so busy" as well as not wanting to be a burden. The study follows earlier research showing that the problem of isolation is particularly acute among older men who are suffering in silence because of a "stiff upper lip".

Being a friend to a lonely older person is often done well as a series of small touches. Getting to know the person first, if they are not a church member; just letting them know you are there and giving an idea of how the church can help would be a good start. Perhaps the best way to begin is with older people who have stopped coming to church because of frailty or other difficulties. They often quietly drop below the radar, because their generation did not make a fuss or put itself forward. Many tell us that they feel they have become invisible. 'Especially the household of faith' gives direction to all good works, (Galatians 6:10.)

If your church would welcome a talk on reaching and helping older people, please let us know. You can email info@pilgrimsfriend.org.uk, or call **0300 303 1400**.



Help to keep open the door to a good life at Dorothea Court

We've been encouraged by the response to our appeal for funds for a device that will make a lift easier to use. It was installed over 20 years ago in the main building, 32 Park Avenue, to fit the space available. Now it is giving older residents using walking frames a hard time. The lift is the main route to the ground floor for people living on the upper floors. It has been serviced regularly and is reliable enough; the problem is that for slow moving older folk the door closes too quickly for comfort and they have to try to hurry through.

Dorothea Court consists of five big Victorian houses converted into individual apartments. With their high ceilings and tall windows, the buildings and apartments have charm



Don holding the lift door open



No. 32 Park Avenue

and character, especially No 32, with its wood panelled walls and moulded ceilings. No 32 is also the centre of Dorothea's social activities, including meals, devotions, art and craft classes and a host of other events.

Manager, Deryn van der Tang said, 'Older people using zimmer frames or trolleys move slowly and they have to try and swing the door open wide enough and then make a dash before it closes on them. People are very good and either a staff member or another resident will help if they are available. But the real answer is an automatic lift door opening device. It would mean that everyone could use the lift independently and get into it at their own pace.

'It's the main route for everyone, whether they are staying in or going out

into the community. People love meeting together, and that's the wonderful thing – no-one need be lonely or feel isolated. We encourage the social life here and would not want to see people put off by difficulties with the lift.'

Deryn has searched through reputable providers, and found suitable opening devices, priced around £15,000. She has managed to raise £2,500 of the cost through local fundraising. At the time of writing another £5,670 was donated by supporters who received our special newsletter. If you would like to help you can send a cheque to our head office, or donate through our website. Every little helps! And anything that helps people stay connected plays a vital part in their wellbeing.

'More value than many sparrows'

Pastor's 'award' for the Evington home.



Pastor Paul Clark with his wife, Lillian

Every week, Pastor Paul Clark makes two or three 90-mile round trip journeys to spend time at the Evington home with his wife Lillian, who has Lewy Body dementia. Previously, persuaded by well-meaning friends, he arranged for her to stay in a commercial residential home in their own locality. But she was heavily sedated and very quickly became dangerously dehydrated. Coming into Evington marked the end of a seven year struggle to get good care for her.

'My gratitude to Evington is greater than words can say, but if it was within my power I would grant the Evington home an Award,' said Pastor Paul Clark.

But, 'Praise God!' he continued, 'Our dear Lord had something much better planned for us. In June 2012 I brought Lillian to Evington, and right from the

start the staff did their utmost to learn to understand her. They weathered her sleepless nights but never resorted to sedation or restricted her liberty in any way. With a minimum of funding they strove to keep her safe.

A wonderful institution

'When people ask me why I put my dear wife into a home 46 miles away, I tell them that Pilgrim Homes is a wonderful institution which cares for elderly Christians. They minister to the 'whole person' and the personhood of each resident is acknowledged and respected. My wife is treated with great affection and respect. The quality of care she receives is beyond measure. Everyone shows her so much love.'

In turn, Pastor Clark has developed a special love for Evington residents, and is helping with pastoral care and services. He said, 'The Lord has brought me to understand dementia in a different

light and what it really means to be of 'more value than many sparrows.' These dear residents are also a fellowship of believers; each one has their own testimony. Some have served the Lord on the mission field; others have served here at home in one capacity or another.

Talents that have been used for the Lord are still discernable to a lesser or greater extent. Even those who have lost the power of speech sometimes communicate with a smile or through eyes that can still show a degree of understanding and awareness. They are truly the Lord's 'special people' and of great value to Him. How I wish it were possible to tap into their wealth of knowledge and experience and record it! Let us praise God for His goodness and mercy in teaching us how precious each of His children is to Him and how important we are to one another both in caring and being cared for.'



Staff appreciate Pastor Clark - Senior Care Nurse Jeanette Davis

Is this a dangerous country for old people?

The need for older people to appoint a Power of Attorney to protect their best interests, should they become unable to make their own decisions, was starkly highlighted in March, when the Lords Scrutiny Committee reported to Parliament on the working of the Mental Capacity Act 2005, which includes the Deprivation of Liberty Safeguards (DoLS).

The Report showed that tens of thousands of vulnerable people are being unlawfully detained in care homes and hospitals across England and Wales because the legislation, which was meant to protect and empower vulnerable older people has been ignored by Social Services and Healthcare professionals and others involved in their care.

A worrying paragraph in the report seemed to indicate that these professionals rated their own opinions higher than the law. A Health Trust (paragraph 162, Box 6) that had faced

the potential risk of substantial damages as a result of possibly illegal detentions due to a failure to apply DoLS, had initiated intensive training programmes, but noted that, 'Support from the Board of Directors and allocation of resources was not, in itself, sufficient to overcome resistance from staff who felt that their professional decision-making abilities were being challenged. Implementation of the Act was not simply about implementing new legislation, it was about 'managing change, managing resistance to change and getting support from all levels.' (See Box 6, para 182 of the report.)

Changing lives

Change cannot come a moment too soon, according to Christopher Booker writing in the national press. He describes some heart-breaking cases, including that of a husband forbidden to see his wife ever again after reporting the poor care she was getting at the home she'd been forcibly taken to; he was even forbidden to send her flowers or Christmas and birthday cards. He is heartbroken and has had no contact with her for years.

How can they afford to do it?

The big question is – how can Councils afford to put thousands of people into residential care against their will, when they can't find funding for people who are desperate to come in? Even when Councils do fund individuals, our experience shows that it falls well below the real cost of care. The shortfall for each Council funded person is an average of £134 per week. We are

grateful for our donors and supporters, who enable us to go on.

Weeks after the Report to Parliament, Sir James Munby, President of the Family Division of the High Court predicted a rush of claims against Councils, as elderly people detained and their families 'overwhelm' the courts with cases. Cautioning that the number of cases had been underestimated, he also warned that Councils could also face an "immense burden" from the legal costs.

The full story is yet to unfold. In a case against Milton Keynes Council in June, District Judge Paul Mort ruled that an 81 year old woman had been 'unlawfully deprived of her liberty' when removed from her home by the council – and that her human right to family life had been breached. The woman's son, who had been looking after her, had not been told where she was until nearly three weeks later.



What can we do to help older people?

There has been no outcry about the way that these older people have been treated. Where are the questions in the House of Commons? Where is the Panorama programme? Perhaps it's the usual worldly reaction that says they're only older people; they've had their time and they're not worth much now. But as Christians, we know how much God cares. The Bible gives clear instructions on how older people should be regarded and cared for.

It was an equally dangerous country for old folk in 1807, when our Society was founded. Many were living then in extreme poverty, often with no heating, and with only one garment. The Aged Pilgrims' Friend Society, as it was then known, sacrificially raised money and was able to give regular pensions (long before the Welfare State!) and food, clothing, and coal. We need to let older people know that we are still here for them.

Read the Lord's report here: <http://www.publications.parliament.uk/pa/ld201314/ldselect/ldmentalcap/139/139.pdf>

Links to the enquiry process and more information can be found here: <http://www.parliament.uk/business/committees/committees-a-z/lords-select/mental-capacity-act-2005/news/mca-press-release-13-march-2014/>

Read Booker's report here: <http://www.dailymail.co.uk/news/article-2580636/Read-stories-secret-courts-imprison-elderly-care-homes-against-weep.html>

Training others to help older people

Louise Morse

We would like every person in the country to be able to recognise the needs of older people and know how to meet them; including those with dementia and other issues of old age. Which is why we speak to as many groups and churches as we can, as well as seminars at national exhibitions and others' conferences.

We are a small speaking team with different strengths and experiences. Janet Jacob is a former home manager and psychogeriatric nurse; Roger Hitchings is now a retired pastor, a popular speaker and writer, with over forty year' experience with older people. I'm a cognitive behavioural therapist with a dissertation on the effects of dementia on families, and an understanding of old age from my role in communications for the Society. We also have Rosie Barker, a former community



Roger Hitchings

nurse and home manager, with a special interest in dementia. Perhaps the most important difference between us and other trainers, is that we bring the light and life of Christian, spiritual support.

Over the last two years we estimate that between us we have spoken to more than 300 churches, including denominational conferences, national exhibitions and others, and to something like 15,000 people. There are also other organisations, such as Parish Nurses, and Roger has spoken at theological colleges and 'Fraternals'. Many people said it was the first time they had heard of us. But that is changing fast, and the feedback we receive from participants tells us that we are on the right track.

Five years after hearing one of our talks, a participant wrote, 'In 2009, after attending your seminar on dementia I went home and shared what I'd learnt with all my family. We were caring for my mother with dementia, and had been considering residential care for her. But

because of what we learnt from you we were able to keep her at home. We are so grateful.'

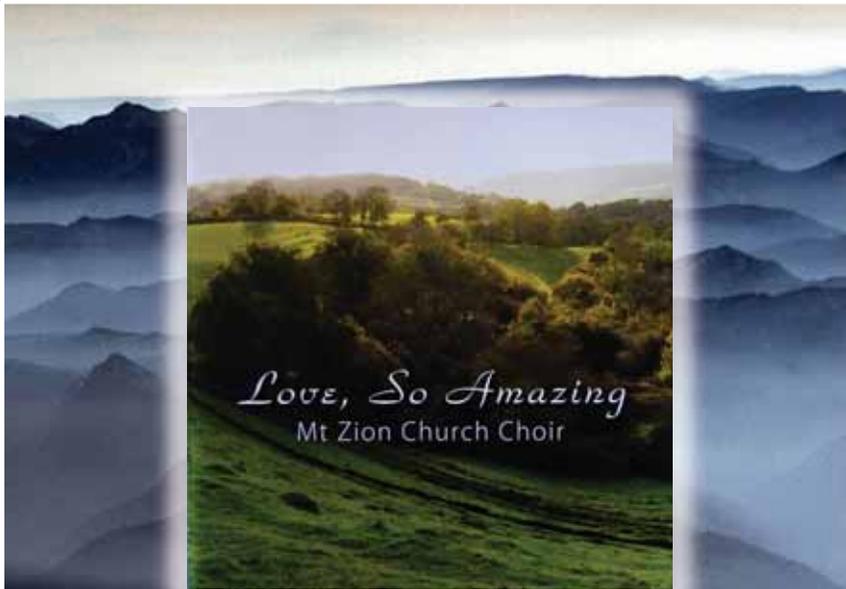
From someone who visits local care homes, who came to a conference in Chester: 'Thank you so much and thank you for sharing with us all that day in Kingsley, what a brilliant day. Since then I have had another lady diagnosed with early onset Alzheimer's. During my first visit I learnt that she had been a keen flower arranger at competition level. I approached the flower team who were arranging flowers for Easter Sunday and took her along. She did seven table decorations and a table display. It was a real privilege to watch her come alive, her husband was thrilled, she was thrilled and the rest of the team I suspect were humbled!'

There are so many more responses like this we could fill a book with them! Much is being taught nowadays from a secular view point, but we know the difference Christ-centred teaching makes for His people. Jesus is the Way, the Truth and the Life for people of all ages and with all conditions. We would be glad of your prayers for this work.

You can help raise funds for this enabling work through

easyfundraising
.org.uk

Whenever you purchase ANYTHING from the internet, go through the EASYFUNDRAISING website, click on Pilgrim Homes, and we will receive a part of your purchase price – at no cost to you!



Mount Zion Church Choir, from Hullavington in Wiltshire, has prepared a CD of hymns and devotional songs, entitled "Love So Amazing" which is now available to purchase for £12 in support of Pilgrim Homes.

Our prayer is that as you listen to these beautiful pieces of music, your heart will be lifted in worship to our God.

Already over £1000 has been raised from sales for Pilgrim Homes, and there are around 70 copies available. To purchase a CD please send a cheque (£12 per CD) payable to: "Mt Zion Church Choir" and add £2 p&p for one copy, or £3.50 for up to 6 copies to:

**Paul and Corinne Greenman, 17 Cleaves Ave. Colerne,
Chippenham SN14 8BX**

or contact us to arrange a direct payment on **01225 743273**
or **info@mtzionchurch.co.uk**

Please allow 14 days for delivery if paying by cheque.

The power of commitment

At the regional Forward Together Meeting in Wiltshire, earlier this year, Auxiliary Chairman Jim Short looked around supporters gathered in the church hall and said he saw 'commitment'. He said, 'Commitment is not a word you see much in the today's world, but you see it here. Here are families where support for the work has been passed down, generation to generation. A commitment that lasts.'

Jim likened supporters' commitment to that of Ruth, Naomi's daughter in law. 'The book of Ruth is like a ray of light on a depressing scene,' he said, 'It contains three funerals and a wedding! It begins with a man called Elimelech, which means my God is King. And it describes how his wife Naomi, which means pleasant, came to call herself Mara, meaning bitter.'

The young widow, Ruth, makes a commitment to her mother in law. It has become one of the best loved verses in the Bible. Ruth said to Naomi, "Do not urge me to leave you or turn back from following you; for where you go, I will go, and where you lodge, I will lodge. Your people shall be my people, and your God, my God." (Ruth 1:16). Once back in Israel, the upright landowner, Boaz, made a contract with her, one that would provide food for her and Naomi (Ruth 2: 8-9). Boaz had made his assessment on what he had heard and

seen, telling Ruth that all she had done for her mother in law had been 'fully reported' to him.



Ruth's commitment to Naomi included her confession of faith. She said that 'your God will be my God.' The Pilgrims' Friend Society takes care of God's children, when they are older, and Ruth's doctrinal statement is one we embrace.

It also showed compassion, the same compassion we see in the Society's homes. This compassion is costly, showing love day after day.

Jim concluded by saying that Ruth's story recorded the Lord's reward for her, enacted through Boaz (Ruth 2:12). He concluded, 'The supporters and workers in the Pilgrims' Friend Society, know that our 'labour is not in vain in the Lord.' (1 Cor. 15:58).

Care home fraud soars among 'middle classes'

Families are hiding their assets to avoid paying care fees, according to the Audit Commission which found an 82 per cent rise in the amount lost to Councils last year. How are they able to do this?

A lawyer said he was often asked to advise on putting monies into Trusts and other schemes to avoid having to pay care home fees. Part of his advice was to think twice about it, because it could mean that without the money to pay for it Council funding may not be available and the person will not be able to obtain the care they need.

At least one press article asked, if the person needing care has the money to pay for it, why should the family inherit it at tax-payers' expense?

Perhaps the issue highlights different sets of values and priorities. Jesus had strong words to say on this principle – see Mark 7:11, and the apostle Paul was equally clear in his letter to Timothy – see 1 Timothy 5:8.

*It's strange to be leaving this house, Lord,
It feels odd to be going away,
For part of me longs to be gone, Lord,
Yet the voice of the house bids me stay.
So cherished and loved and familiar
It has shared in my laughter and tears
As long as my heart can remember
It has sheltered me over the years.*

*I gaze at its doors and its windows
with their obvious signs of decay,
But, Lord, your new life lies within it
Which will rise when the old falls away.
I see the new house which awaits me,
It's as different as night is from day,
So goodbye, old house, your work's finished,
Now I'll leave you ... and be on my way!*

(2 Cor. 4:16-18, 2 Cor. 5: 2-5,
1 Cor. 15:35-44, John 2:19 – 22. NIV)

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The House

News Highlights

On a page of text a highlighted sentence stands out, even though it's part of the narrative. And so it is with things that light up our days. It can mean something small or something big – something arriving or something leaving. Here are some of the highlights from our housing and homes over the last six months.

Michelle Hydon at Pilgrim Gardens has had three 'spectaculars' in the last few months. The first was hearing that Pilgrim Gardens had been won the 'best housing project of the year' award, from the industry's prestigious *Building Magazine*. Coming after the

HAPPI award in 2012 it was a striking achievement. The second was watching the builder's PortaKabins being driven off site. 'It felt like everything was finally finished and it was all ours, at last,' she said. The third was receiving a cheque for the deposit on the last leasehold apartment. Pilgrim Gardens itself is a 'shining light', highlighting the benefits of a Christian neighbourhood.

Emma Hughes' epiphany moment came as she walked through the door of **Bethany in Plymouth**, after leaving Milward House in Tunbridge Wells to

Emma Hughes



take up the Manager's role there. She said, 'I knew when I walked through the door that I wanted to work here. I am so pleased to be here! Bethany is a lovely home. And I am going to a fabulous Church – St Andrews in the City.' The Chairman of the regional Churches Together organisation is very supportive of the work, and has helped advertise



Bethany's Thanksgiving Service on September 22nd in the local press.

The Brighton home was 'over the moon' last September when they heard the local authority was to grant £6,000 for the sole purpose of making the lounge area brighter. Administrator **Sandy** said, 'Now there's new flooring and five new round tables to make socializing easier for everyone.' It was in good time for **Ernest Payne's 100th birthday** on 9th June. Ernest was a tank driver in the 3rd



Bill Gibb and Miriam Sones

the lift in the building. The aim is to give residents with walkers and zimmer frames time to get in and out of the lift without the door closing on them.

Finborough Court is delighted with its **new, all weather sensory garden**. Manager Ros Hughes says everybody loves it. 'It really is a community project. We are very grateful to our local



The sensory garden

designer and James Collins, supplier of the plants, and the village garden club in Great Finborough who planted and laid the turf. They gave some lovely wall planters and bird feeders, and even hand tools for the residents to use.' Funds came from a local government grant and from supporters.



Ernest Payne with Colonel Phil Watson

Troop B Squadron 24th Lancers, so the home arranged for a member of the Army Cadet Force to come and present him with his Queen's Telegram. Colonel Phil Watson travelled down from Norfolk to visit Ernest for his special party.

The buzz at Dorothea Court is the wedding in September of Bill Gibb and Miriam Sones. Miriam (79) has lived in her flat there for just over two years and Bill (81) has been there for seven. Everyone is excited about the day! Miriam will be leaving her apartment in 32 Park Avenue to move in with Bill, and **Manager Deryn van der Tang** hopes that the move will be made easier by an automatic door opening device for

It isn't true that you are nearer God's heart in a garden but, in the summer time, residents love to be out there all the same. **Beth Kneale at Framland** hopes to be looking out at a 'renovated' garden soon. Fundraising for it has been



Framland

going on for around two years, and it is hoped that work will begin soon. 'There will be a lot more shrubs planted out for texture, colour and smell, some new trees, and new fencing. The end result will be a real blessing for the residents,' she said. A video about the home can be seen at: https://www.youtube.com/watch?v=I1_K2D6oC08

The refurbishment at the Evington Home has had its challenges and



blessings. Dust, rubble through ceilings, exposed wiring and working around workmen has not been easy, though **Manager Debbie Jackson and staff** took it all in their stride. A highlight in the midst of the work was a visitor who remarked on the peaceful atmosphere! A film about the home can be seen at <https://www.youtube.com/watch?v=MrfATZsX7DM>

Shottermill House came under the spotlight at our Annual Thanksgiving Service in Guildford Surrey. Manager Paul Mason gave a short presentation of his home and many participants accepted his invitation to visit. A film about Shottermill House can be seen at <https://www.youtube.com/watch?v=FzpyG2K1-fc>.

A highlight for Florence House, Peterborough, is that not only is the home full, but there is also a waiting list!



Manager Jennifer Mercader cooking breakfast

Manager Jennifer Mercader says nearly every day Social Services ring to see if there is a vacancy. There is also a full complement of staff and residents. The home is looking very attractive with a

Highlights

refurbished dining room and lounge. A volunteer from Park Road Baptist Church (the church that founded the home) told Jennifer that the atmosphere has completely changed – it's very homely and very welcoming.

The annual outing to Buggs Farm is always a welcome highlight for people living at **Milward House** in Tunbridge



Priscilla Pearson and Hilde Backhurst enjoy the lambs

Wells. Catering staff were exceptionally creative making treats for special occasions early in the year: homemade sweets for afternoon tea on St. Valentine's Day included sugar mice, fudge and chocolate hearts, all beautifully presented. The cake baking for special occasions is getting very creative too, at the leaving do of one of the Housekeepers the cake was a copy of our Robotic Hover!



Sally and Phil Willis



Andrew, Clare and family

A couple of dazzling highlights for **Phil Willis**, as he retired after 21 years' service with the Society, and looks forward to having time to join a gym. He became a grandfather for the first time. He has happy memories of Redbourn, his last 'posting', where he met many missionaries, such as Andrew and Clare who serve with Wycliffe Bible Translators in Papua New Guinea. They came to the UK for the birth of their third child, Eowyn Grace, and said how grateful they were to have a comfortable, well-equipped place to stay that was close to good medical facilities and to family.

The '**Tour de France**' cycling route will be highlighted through Yorkshire by miles of little 'Tour de France' jerseys hung from bunting along the route. Among them will be little jerseys knitted by some of **Emmaus House** residents.

Something that comes around more slowly and more often is the home's regular pet therapy dog, Izzy.



Alwyn King with Izzy

ISSUES OF OLD AGE:

workshops giving positive, practical and spiritual insights

Topics include:

- How to prepare for a great old age
- Early Dementia and Essential Circles of Support
- Developing Usefulness in Old Age • End of Life Issues
- Legal issues for older people • PLUS a Q&A Panel



Roger Hitchings is a retired pastor from the East Midlands with over 40 years experience of elderly care.

Janet Jacob is a Psychogeriatric nurse and a former residential care home manager.

Louise Morse is media and communications manager for the Pilgrims' Friend Society. She is also a cognitive behavioural therapist and author of Christian books on dementia.

Dr John Ling is a writer and author, speaker and consultant on bioethical issues.

Matthew Porter is a solicitor with Barringtons' Solicitors, Farnham.

A choice of venue:

Saturday 25th October 2014. 10.00 am-4.00 pm.

At Westgate Chapel, Hospital Road,
Bury St Edmunds, Suffolk IP33 3JT

Saturday 22nd November 2014. 10.00 am-4.00 pm.

At Chichester Baptist Church, 124 Sherborne Road,
West Sussex PO19 3AW

Book online through

www.pilgrimsfriend.org.uk

Email conference@pilgrimsfriend.org.uk Tel 0300 303 1400

CHRISTIANS FOR
OLDER PEOPLE

PILGRIMS'
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SOCIETY

Dementia – a Doctor’s Personal Journey

A review, by Louise Morse

Powerful insights into coping with dementia are given by Dr Jennifer Bute, a Christian GP who retired when she was diagnosed with the condition at the age of 63, in a short film she has made.

Dr Bute shares medical and personal wisdom in this sensitive presentation, including a strong argument for residential care when necessary. She emphasises that the important view we should have for a Christian with dementia is not what they used to be and what they’ve lost, nor what they are now, but how God sees us – as a whole being who will be celebrated by the angels on reaching Heaven.

She tells of the father who hadn’t spoken for a couple of years but responded to his daughter as they watched Songs of Praise together, when she asked him, ‘Do you still pray, Dad?’ After a long pause came a soft, ‘Yes’. ‘Goodness,’ she said, ‘You hardly ever

speak to me! What do you say to God?’ After an even longer pause, came a gentle, ‘Hello?’ Which is wonderful, said Dr Bute, because God knew all that he wanted to say.



Dr Jennifer Bute

She recognises the value of being able to speak as someone with dementia and medical insight, and regards her circumstances as a ‘A Glorious Opportunity.’ She can explain, with authority, that the spirit of the person is not lost because the person’s brain is damaged, but lasts for ever. She also talks about practical matters, such as communications and the meaning of actions. The website has leaflets on a range of related issues.

Although much information about dementia has become available in the last few years, Dr Bute’s blend of medical understanding and personal experience is extraordinarily helpful.

You can see Dr Bute’s video on her website at <http://www.gloriousopportunity.org/dvd1.php>.

There is evidently a dark side to the residential care sector in the UK, with shocking reports of mistreatment of the elderly in care homes. Ever stricter regulations have been like scaffolding erected around a crumbling building and have failed to provide protection. How could they? Good care cannot be regulated because it is something that comes from the heart.

Heart attitudes form the ethos of a care home. They begin with managers and cascade to all staff. All our home managers and everyone at senior level must be practising Christians, and in this context we share the same values and beliefs, as well as knowing the love of God in our lives. We are also aware of two mind-blowing facts: one is that everything we think, say and do is seen by God (Psalm 139, Hebrews 4:13), and the other is that everything we do for vulnerable people (the least) touches Him, personally (Matthew 25:40). What a privilege!

Living in a fallen world

Not every member of staff is a Christian, and I hasten to add that those who are will tell you that we are all far from perfect. We are all broken people living in a fallen world. So we put in place procedures and safeguards that are not only a protection for our residents but for our staff, too.

It begins with recruitment, where applicants are screened for their suitability for the job and are checked

The dark, and the divine side of care



against the national Disclosure and Barring Service. Anyone considered unsuitable to work with older people is weeded out straight away. Once employed, staff receive intensive training which includes defining abuse and avoiding even the appearance of it, even recognising it in other carers. It is very clearly laid out. Abuse can be wide ranging, from physical – being rough or pushing someone, to emotional, which could be speaking or behaving in an unkind or derogatory way. It can be being impatient, or patronising, or neglectful. If a carer falls asleep when on night duty it is a serious breach of duty, it can count as neglect. Anyone spotting abuse is encouraged to report it to the supervisor on duty or the manager, who then calls the local Safeguarding Team. The incident is discussed and the Safeguarding Team will give the go ahead for an internal investigation. Anyone suspected of abuse is suspended immediately.

Training and good management

Director of Human Resources, Phil Wainwright says, 'With a staff of over 500 people it would be impossible to say that we will never have causes for concern. But with training and good management we do our utmost to ensure that it doesn't happen.'

Families need have no concerns in bringing their loved ones to us for care.

Another, natural safeguard are our Homes' Visitors. These are groups of volunteers from local churches who visit regularly, befriending residents and staff, often praying for them and with them. These groups are something that is unique to our Society. Families need have no concerns in bringing their loved ones to us for care.

Dates for your Diary

Saturday 12 July

PLYMOUTH

Cream Tea afternoon at Bethany Christian Home. 2.30pm - 4.00pm. All welcome.

Monday 14th July

STOWMARKET

Songs of Praise at Finborough Court, Pilgrims' Way, Great Finborough at 7.15pm. Evening will be led by the "Chelmondiston Singers". Speaker: Mr P Cordle. An offering will be taken for Finborough Court. Light refreshments will be served following the meeting. A very warm welcome is extended to all.

Monday 18th September

STOWMARKET

Harvest Praise at Finborough Court, Pilgrims' Way, Great Finborough at 7.15pm. The evening will be led by the 'Joyfull Noyse'. Speaker: Pastor P Kettle (Cransford Christian Fellowship). Offering to be taken on behalf of Finborough Court. Light refreshments will be served following the meeting. A very warm welcome is extended to all.

Saturday 27th September

WANTAGE

Sponsored Walk arranged by the Wantage Auxiliary, meeting 10:30am. Bring a picnic to eat en route. Full details to be confirmed but an approximately five mile circular walk in the Wantage area. For full details please contact Dave Pepler by email dave.a.pepler@gmail.com.

Wednesday 18th October

STOWMARKET

Annual Thanksgiving Service at Finborough Court, Pilgrims' Way, Great Finborough at 7.15pm. Speaker: Pastor A Blowes (Core Baptist Church). Offering to be taken on behalf of Finborough Court. Refreshments will be served following the meeting. A very warm welcome is extended to all.

Saturday 1st November

STOWMARKET

Annual Gift Day & Coffee Morning, organised the East Anglia Auxiliary, at Finborough Court, Pilgrims' Way, Great Finborough from 10.00am to 11.30am. Cards, cakes and preserves stalls available. All contributions will be most welcome. Come and meet old friends and also make new friends. The residents will be delighted to see you too.

HASLEMERE

Autumn Fayre organised by the Wey Valley Auxiliary at Shottermill House from 10.00am to 11.30am. Enjoy coffee with residents and friends and see how many other exciting things you can buy too! Everyone is warmly welcome.

Saturday 8th November

CHIPPENHAM

"Gift Day and Auction of Promises" has being organised at 10.00am at the Charter School in Wood Lane opposite the Leonora Home. All welcome.

OSSETT

Autumn Fayre (arranged by the Yorkshire Auxiliary) at Ossett Community Centre, Prospect Road (near town centre and close to M1 motorway junction 40) from 10.00am to 1.00pm. Large selection of goods for sale, continuous hot and cold food bar. Free parking. For travel directions and other information, please contact John Laver on 01924 463915. All welcome.

Monday 1st December

STOWMARKET

Carol Service, (organised by the East Anglia Auxiliary) at Finborough Court, Pilgrims' Way, Great Finborough at 7.15pm. The evening will led by Rev Dr J Eldridge (Wickham Market Parish Church) with singers Don and Jenny (Father and Daughter). Refreshments to be served following the meeting. A very warm welcome is extended to all.

Saturday 6th December

WANTAGE

Christmas Fayre at 'Framland', Naldertown, Wantage from 10.00am to 12.00noon. Cakes, cards, soft toys, 2nd hand books, refreshments, etc. All welcome.

Return Slip

Please tick box

- Please send me extra copies of Pilgrims' Magazine for my church.
- Please send me the dementia information pack (with 19 leaflets on different aspects of dementia, 'Helping to Put the Pieces Together'.) Price £8.50, plus £1.50 p&p. Cheques payable to 'Pilgrim Homes Trading Ltd'

Please send me a copy of:

- Could it be Dementia?
- Dementia: Frank & Linda's Story
- Worshipping with Dementia



Cost per book £8.99, plus £1.99 p&p. Cheques payable to "Pilgrim Homes Trading Ltd" (You can also order through our website, www.pilgrimsfriend.org.)

- Please accept a one-off donation to PFS. If you pay income tax, please complete the gift aid form on the back of this form – thank you! Cheques payable to 'Pilgrims' Friend Society'
- I would like to start a regular monthly standing order for PFS. Please send me a form to complete.
- Please send me details about the project for the Evington Home refurbishment.
- Please send me information about including Pilgrims' Friend Society in a possible future legacy gift.
- I would like to be a contact point for your literature in my church.

I would like to arrange for one of your specialist speakers to take a workshop at my church on –

- Practical and Spiritual Aspects of Dementia
- Developing Usefulness in Old Age
- How to Prepare for a Great Old Age
- How to Encourage Older People in the Church and in the Community
- Other (enter)

Enclose this form, together with the completed gift aid slip in the pre-addressed envelope supplied. Please be sure to affix a postage stamp.

'Now He who supplies seed to the sower and bread for food will supply and multiply your seed for sowing and increase the harvest of your righteousness;' 2 Corinthians 9:10

PMJUN124

GIFT SLIP for the convenience of donors who may wish to use it.

Date:/...../.....

Please find enclosed my gift of £..... towards the work of the Pilgrims' Friend Society. (Cheques payable to Pilgrims' Friend Society, please.)

Your name:

Your address:

.....

..... Post code

Email

I do not require acknowledgement.

We can increase the amount of your donation by 25% by claiming this from the Inland Revenue under the Gift Aid scheme. There are no lower limits on amounts – for every £1 sent by a tax payer we receive 25p from the Inland Revenue. But you must sign the Gift Aid declaration below.

giftaid it

I have already signed a Gift Aid Declaration for the Pilgrims' Friend Society

I wish the Pilgrims' Friend Society to treat all donations on or after the date shown below as Gift Aid donations until I notify you otherwise.

Signed Date/...../.....

(Note: You must have paid an amount of income tax or capital gains tax that at least equals the tax deducted from your donations. If this ceases to be the case you must notify the Society and withdraw your declaration.)

Everything you give means a great deal in the life of our older pilgrims. 'And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work.'

2 Corinthians, 9:8.

Head Office, 175 Tower Bridge Road, London SE1 2AL
Tel: 0300 303 1400 info@pilgrimsfriend.org.uk

Pilgrims' Friend Society is a registered charity (No. 1134979)
and a limited company (No. 07169875)

With Christ...

Mrs Gwendolin Pearce	Frinton on Sea	02.09.13
Mrs Bettie Ede	Plymouth	21.10.13
Mrs Vera Reeve	Plymouth	23.10.13
Mrs Alice Knowles	Walton on the Naze	24.10.13
Mr Robert Lindsay	Wantage	26.10.13
Mrs Anne Morton	Harrogate	27.10.13
Mrs Violet Snelling	Walton on the Naze	28.10.13
Mrs Rosemary Oxborrow	Frinton on Sea	30.10.13
Mr Ronald Duce	Finborough	30.10.13
Mr N Pigott	Chippenham	01.11.13
Miss Sheila Smith	Pilgrim Gardens	04.11.13
Mrs Mabel Barnett	Finborough Crt	09.11.13
Mr William Adams	Finborough Crt	11.11.13
Miss Vera Mitchell	Brighton	21.11.13
Mrs Elsie Bursey	Frinton on Sea	22.11.13
Miss Jeanne Gooding	Walton on the Naze	24.11.13
Mrs Eleonor Gostling	Walton on the Naze	26.11.13
Mr Nigel Howard	Chippenham	29.11.13
Mr Clifford Hulcoop	Plymouth	07.12.13
Mrs Jean Lucas	Harrogate	08.12.13
Mrs Joan Mills	Royd Court	09.12.13
Mr Mervin Heal	Wantage	14.12.13
Mrs Eveline Simmonds	Haslemere	16.12.13
Mr Cyril Woods	Walton on the Naze	17.12.13
Mrs Lucy Hubbard	Walton on the Naze	20.12.13
Mrs Barbara Lowry	Plymouth	25.12.13
Rev Arthur Neil	Haslemere	28.12.13
Mr Trevor Bottomley	Mirfield	07.01.14
Mrs Brenda Beetwell	Great Finborough	11.01.14
Mr Wilfred Chapman	Great Finborough	12.01.14
Mrs Phyllis Cooke	Haslemere	13.01.14
Mr Thomas Young Wood	Wantage	16.01.14
Mr Fred Pratt	Walton on the Naze	16.01.14

Mrs Hannah 'Millie' Holmes	<i>Haslemere</i>	19.01.14
Miss Elsie Pascall	<i>Tunbridge Wells</i>	22.01.14
Mrs Florence Hudson	<i>Leicester</i>	26.01.14
Mrs Llione Leaf	<i>Tunbridge Wells</i>	03.02.14
Mrs Madge Kelly	<i>Leicester</i>	10.02.14
Miss Mary Campbell	<i>Harrogate</i>	13.02.14
Mrs May Selwood	<i>Harrogate</i>	18.02.14
Mrs Audrey Fletcher	<i>Leicester</i>	26.02.14
Mrs Gladys Thomson	<i>Wantage</i>	03.03.14
Mrs Christine Jelleyman	<i>Haslemere</i>	13.03.14
Mrs Eileen Dennis	<i>Tunbridge Wells</i>	20.03.14
Mrs Monica McLaren	<i>Great Finborough</i>	21.03.14
Mrs Winifred Vandenberg	<i>Chippenham</i>	26.03.14
Mrs Eileen Richards	<i>Walton on the Naze</i>	27.03.14
Mrs Helen Tredget	<i>Walton on the Naze</i>	04.04.14
Mrs Ruth Spiller	<i>Plymouth</i>	12.04.14
Mrs Gillian Rowland	<i>Walton on the Naze</i>	14.04.14
Mr Peter Bugg	<i>Great Finborough</i>	15.04.14
Mrs Margaret Challen	<i>Chippenham</i>	16.04.14
Mr Sidney Crocker	<i>Plymouth</i>	03.05.14
Miss Joan Belcher	<i>Brighton</i>	16.05.14
Mrs Muriel Palmer	<i>Plymouth</i>	20.05.14
Mrs Teresa Bagwell	<i>Peterborough</i>	24.05.14
Mr Harold White	<i>Plymouth</i>	27.05.14
Mrs Florence Hargreaves	<i>Harrogate</i>	28.05.14
Mrs Jean Heyworth	<i>Tunbridge Wells</i>	03.06.14
Mr Edwin Spalding	<i>Walton on the Naze</i>	05.06.14
Mrs Olive Boyd	<i>Leicester</i>	10.06.14

... which
is far
better.

Anonymous Gifts

2013

November	29th	£30.00 (in memory of Maurice Jackson)
December	5th	£1,000.00 (REM)
	11th	£100.00 (REM)
	16th	£25.00 (SO)
	19th	£15.00
	19th	£100.00 (REM)
	19th	£50.00 (REM – in memory of Iris Symonds)

2014

January	8th	£100.00 (Evington Project)
	8th	£150.00 (Evington Project)
	8th	£120.00 (Evington Project)
	8th	£1,000.00 (Evington Project)
	9th	£30.00
	9th	£40.00
	16th	£15.00
	30th	£50.00 (REM – in memory of Iris Symonds)
February	7th	£150.00 (Evington Project)
	7th	£100.00 (Evington Project)
	7th	£120.00 (Evington Project)
	7th	£80.00 (Evington Project)
	20th	£50.00 (REM)
March	5th	£20.00 (in memory of Hilda Everitt)
	6th	£100.00
	11th	£125.00 (Bank)
	18th	£20.00 (Evington Project)
	20th	£1.58 (Charities Trust)
April	3rd	£200.00 (REM)
	28th	£25.00
May	2nd	£10.00
	2nd	£30.00
	6th	£50.00 (REM)
	16th	£120.00
	21st	£100.00
	28th	£275.00

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Raising Money at Auction

Going for auction this month is a collection of jewellery donated by a daughter who came to one of our seminars on dementia five years' ago. She shared with her family all she'd learnt and, because of that, they were able to care for their mother at home.

Now, wanting to help the Society, she has donated these items.

Over the years items donated have raised more than £100,000 for our work. Supporter Ruth Sowton is our link to Christian Auction houses, and is very happy to speak to people with items they would like to donate. It isn't possible to sell bric-a-brac any more, but other items are more than welcome.



You can speak to Ruth
on **01403 701944**.